

Monday, April 23, 2018

Location: Jefferson High School cafeteria

Leading the meeting:

Tausha - Co-President

Sara M. - Co-President

Lori Anne - Treasurer

- Welcome - Tausha, Sara & Molly
 - 75 girls in the program - biggest in several years. Good job recruiting!
 - Housekeeping - save team specific questions for breakout sessions
 - Body liners, shoes or anything that people are willing to sell will NOT be handled through the BC...it's up to the cheerleaders to facilitate transactions.
- Molly introduces cheerleaders and coaches
 - All the cheerleaders introduced themselves by grade
 - All coaches were explained and named by Molly - bios available on the website and in your folder (for your team)
- Cheer program overview - Molly (overview of the program and teams - explain difference between sideline and comp)
 - Sideline: any cheerleading that you would see on the side of a game - football (fall), soccer (fall) and basketball (winter)
 - Competition - Varsity/JV/Jr. High: cheers for football games. 2.5 minute routine that is choreographed and set to music and performed in competitions locally and nationally.
 - Game Day: Marriage of sideline and competition cheer and is a new routine in the cheer world
 - Elementary program: 2nd year of running the program. Grades 2nd-6th are eligible to participate. This program starts later than the comp teams
- Cheerleader expectations & code of conduct - Molly and coaches
 - "Clean and appropriate athletes" - on social media, in person, at school and at competitions. Both athlete and parent needs to sign. Molly read the commitment out loud to everyone. The code of conduct is posted on the website if anyone would like to review it again.
 - Tumbling - important part of comp cheer and it is a necessary skill to develop. There are not REQUIRED tumbling classes outside of practice, but they are strongly encouraged as there are many options. Over the summer tumbling will happen at Northern Elite and is not optional - it is a requirement for all comp teams. The team times have not been finalized, but it will be one day a week for one hour in the mid-afternoon. There will be carpools to help out with girls who have working parents.
 - Included in your folder is the waiver for Northern Elite. Everyone needs to fill them out (top part only no payment needed as it's included in your cheer payments). Please turn them in today in your breakout session.
 - If you are sideline only, tumbling is optional
 - Jag Power - strength and conditioning program at Jefferson (1-2 pm over the summer, 4 days per week). Highly recommended for everyone and is a

mandatory commitment for Varsity (2 days are mandatory the other two are optional). Intended to help make your routine better and easier but also help to reduce injuries during the season.

- Intro Captains (Caitlyn, Sarah & Julia)
 - Julia - attendance on Varsity. Expectation that EVERYONE IS AT EVERYTHING...practice, tumbling, games and competitions. Representing our school: we have a great reputation as being classy girls, polite and clean on social media. The expectation is you will uphold that reputation.
 - Caitlyn - social media...you are representing yourself and all of us as well. DON'T drink, do drugs or stay at parties where these things are happening. If you need help, call or text any of the older girls and they will come and get you. Don't swear in public or on social media. For Varsity girls, Coach Taylor will follow ALL your social media accounts, there is no exception.
 - Coach Taylor - come September we are preparing for competition season and all practices are MANDATORY as it means that we are not prepared for the comp season. If you are not at your practices, you most likely will not be on the mat for competition. Choreography will happen over the summer, but come fall is when it all comes together. Your attitude is everything - if you come into things with a bad attitude it affects the whole team and bad attitudes will not be tolerated. Attitude is 90% of everything. All coaches in the whole program (whether they are your coach or not) are on the same level and deserve the same level of respect.
 - Coach Molly - whenever you are in uniform you are the absolute representation of our program and our school. Be on time. Be ready. Be put together. Have a good attitude. Do your best.
- Board - Tausha & Sara intro members (all members were introduced by name and position).
 - Sara - encouraged everyone to get to know the other parents. As part of the BC Board our job is to make things run smoothly. The website is organized and everything you need should be available there. The boards job is to make sure that things are running smoothly and allow the coaches to spend their time coaching instead of handling other things in the program.
- Overview fees - Lori Anne - today is first required payment and from here forward you will receive your invoice via email (QB PDF statements that will keep track during the whole season). You will be billed every month prior to the BC meeting. We bill you as we are paying things so it is imperative that you pay your bill on time. If you have any issues you need to contact LA immediately. We do have a square this year so CC can be used at meetings, online option on website (via PayPal), check at meetings or sent to LA's house.
- Fundraising opportunities - Heather & Rebecca
 - Mandatory - car wash - tickets in folder (when you sell the tickets keep the money you've already paid for it). Car wash signup on paper for the parents to come up and sign tonight.
 - Mandatory - Brat stand - July 20, 21, 22 - mandatory (4 cheerleaders and 2 parents)
 - Optional - cookie dough (Eileen's) individual fundraiser - must be turned in by May 10 and the pickup will be on the 17th

- Optional - Heggie's Pizza's individual fundraiser - we will try to have one every month
- Optional - Canterbury individual fundraiser - \$10/15 an hour to pick up shifts. You must be 14 to work a shift. There is a signup genius via email where you can sign up. Dates are getting filled so pick them up ASAP. If you have any questions, contact Sara M. If you miss ONE SHIFT you will never be allowed to sign up again
- Optional - Scrip - earning rebates on money you are already spending. Tausha is in charge so if you have questions contact her and she will help get you set up.
- Tanya - in charge of Cheer Jam. This is our biggest fundraiser and is mandatory for all Varsity families. The information will be sent out via email and at future BC meetings.
- Communication - Tausha: as your teams get going, there needs to be a parent liaison for each team. Each team uses their own forms of communication which will be decided upon by the coaches and shared with the girls. Expectation is that all girls and their parents will sign up for whichever form of communication is chosen. All emails will come from one email address only to ensure that you will not miss any communication.
- Team breakout sessions and payments collected